

Flavour	ALLERGENS													NUTRITIONAL INFORMATION per 100 gm.													
	Description	Celery/Celeryiac	Cereals Containing Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites (Sulphur Dioxides)	Energy (kJ) (kJ)	Energy (kcal)	Fat (g)	Saturated Fat /100g fd (g)	Mono-unsaturates (g)	Polyunsaturates (g)	Carbohydrate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Halal
Berries & Clotted Cream	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	1042	250	16.5	10.1	4.83	0.84	23.4	22.4	1.6	2.79	0.13	yes	
Mint Choc Baby Chip	no	no	no	no	no	no	yes	no	no	no	no	no	yes	no	1266	305	13.9	8.33	4.02	1.15	22.5	22	<0.5	3.3	0.13	yes	
Posh Toffee Ice Cream	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	945	226	11.9	7.13	3.67	0.58	25.9	22.6	<0.5	3.82	0.16	yes	
Honeycombe Hash Icecream	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	1008	241	12.7	7.69	3.81	0.64	28.9	23.8	0.8	3.25	0.14	yes	
Strawberry Ice Cream	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	866	207	10.2	5.98	3.22	0.55	26.0	23.4	0.6	3.05	0.11	yes	
Cappuccino Ice Cream	no	no	no	no	no	no	yes	no	no	no	no	no	yes	no	1048	252	16.7	10.1	5.05	0.85	21.9	21.4	0.6	3.71	0.14	yes	
Salted Caramel	no	no	no	no	no	no	yes	no	no	no	no	no	yes	no	1027	246	13.5	8.02	4.19	0.7	27.3	23.3	<0.5	3.66	0.84	yes	
Coconut Cream	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	966	232	14.7	8.94	4.38	0.73	21	20.1	<0.5	3.78	0.13	yes	
Serious Chocolate Ice Cream	no	no	no	no	no	no	yes	no	no	no	no	no	yes	no	1002	240	13.9	8.25	4.37	0.67	24.9	21.2	1.2	4.45	0.16	yes	
Clotted cream	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	973	233	14.9	8.9	4.49	0.85	21.4	18.7	0.6	3.71	0.17	yes	
Very Cherry	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	914	219	12.2	7.31	3.69	0.66	25.4	22.6	0.6	2.8	0.14	yes	
Vanilla Bean Ice Cream	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	929	223	14	8.44	4.21	0.73	20.8	18.6	0.6	3.75	0.14	yes	
Banana Ice Cream	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	1008	242	15.8	9.61	4.69	0.81	21.4	19.7	<0.5	3.46	0.14	yes	
Serious White Chocolate	no	no	no	no	no	no	yes	no	no	no	no	no	yes	no	1439	347	20	17.5	8.85	1.48	26.4	17.8	<0.5	3.49	0.16	yes	
Raspberry Ripple	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	865	207	10.2	6.19	3.06	0.51	25.6	22.6	<0.5	3.07	0.12	yes	
Banoffee Ripple	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	999	239	13.5	8.19	4.02	0.71	25.9	23.8	<0.5	3.48	0.16	yes	
Chocolate Orange	no	no	no	no	no	no	yes	no	no	no	no	no	yes	no	1002	240	13.9	8.25	4.27	0.67	26	21.2	1.2	4.45	0.16	yes	
Rum & Raisin	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	929	231	12.7	7.97	3.58	0.59	20.8	18.6	0.9	3.75	0.14	yes	
Champagne & Strawberry	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	914	219	12.2	7.31	3.69	0.66	25.4	22.6	<0.5	1.84	0.12	no	
Ltd Chrimbo Pud	no	no	no	yes	no	no	yes	no	no	no	no	no	no	no	1052	252	14.3	8.86	4.09	0.72	27.7	23.8	0.5	2.8	0.2	no	
Stem Ginger Ice Cream	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	1046	251	15.8	9.49	4.78	0.83	24.1	23.2	0.5	3.32	0.14	yes	
Gingerbread	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	937	224	13.2	8.4	3.61	0.61	20.0	22.1	<0.5	3.33	0.14	yes	
Green Tea	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	929	223	14	8.44	4.21	0.73	20.8	18.6	0.6	3.75	0.14	yes	
Mango Mango ripple	no	no	no	no	no	no	yes	no	no	no	no	no	no	no												yes	
Dorset Marmalade	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	835	199	9.3	5.87	2.59	0.04	24.6	22.4	0.5	4.35	0.14	yes	
Rhubarb & Rosehip	no	no	no	no	no	no	yes	no	no	no	no	no	no	no	1256	302	22.6	14	6.54	1.11	20	20.4	0.5	4.74	0.14	yes	
Digasaurus	no	no	no	no	no	no	yes	no	no	no	no	no	yes	no	929	223	14	8.44	4.21	0.73	20.8	18.6	0.6	3.75	0.14	yes	
Sull-Diggery	no	no	no	no	no	no	yes	no	no	no	no	no	yes	no	1002	240	13.9	8.25	4.37	0.67	24.9	21.2	1.2	4.45	0.16	yes	
Ammonite Bites	no	no	no	no	no	no	yes	no	no	no	no	no	yes	no	929	223	14	8.44	4.21	0.73	20.8	18.6	0.6	3.75	0.14	yes	
Purbeck Rocks	no	no	no	no	no	no	yes	no	no	no	no	no	yes	no	1008	241	12.7	7.69	3.81	0.64	28.9	23.8	0.8	3.25	0.14	yes	
Vegan Cherry	no	no	no	no	no	no	no	no	no	no	no	no	no	no	736	175	7.4	5.78	0.85	0.44	22.6	13.9	0.8	4.18	0.14	yes	
Vegan Vanilla	no	no	no	no	no	no	no	no	no	no	no	no	no	no	745	178	7.7	6.02	0.9	0.44	23.2	14.4	0.8	4.27	0.14	yes	
																											yes
Lemon Sorbet	no	no	no	no	no	no	no	no	no	no	no	no	no	no	514	121	0.3	0.24	0.02	0.02	29.6	25.5	<0.5	0.1	0.02	yes	
Mango Sorbet	no	no	no	no	no	no	no	no	no	no	no	no	no	no	514	121	0.2	0.13	0.05	0.02	29.8	26.8	<0.5	<0.1	0.02	yes	
Passion Fruit Sorbet	no	no	no	no	no	no	no	no	no	no	no	no	no	no	529	125	0.1	0.08	<0.01	0.01	30.8	26.7	<0.5	0.1	0.02	yes	
Raspberry Sorbet	no	no	no	no	no	no	no	no	no	no	no	no	no	no	515	121	0.1	0.09	<0.01	<0.01	30.1	27.3	<0.5	<0.1	0.02	yes	
Blackcurrant	no	no	no	no	no	no	no	no	no	no	no	no	no	no	529	125	0.1	0.08	0.01	0.01	30.8	26.7	<0.5	0.1	0.02	yes	
Lime Sorbet	no	no	no	no	no	no	no	no	no	no	no	no	no	no	523	123	0.3	0.26	0.02	<0.01	30.6	27	0.9	<0.1	0.01	yes	
Quince Sorbet	no	no	no	no	no	no	no	no	no	no	no	no	no	no	602	142	0.2	0.17	0.02	<0.01	35.0	30.7	<0.5	<0.1	0.04	yes	
Rose Sorbet	no	no	no	no	no	no	no	no	no	no	no	no	no	no	536	126	0.2	0.16	0.02	<0.01	31.1	27.3	<0.5	0.1	0.02	yes	
Langham Fizz Sorbet	no	no	no	no	no	no	no	no	no	no	no	no	no	no	518	122	0.3	0.25	0.03	0.02	29.8	25.5	<0.5	<0.1	0.02	no	
Stem Ginger Sorbet	no	no	no	no	no	no	no	no	no	no	no	no	no	no	451	106	0.1	0.09	<0.01	<0.01	26.7	23.6	0.7	<0.1	0.01	yes	
Blood Orange	no	no	no	no	no	no	no	no	no	no	no	no	no	no	523	123	0.3	0.26	0.02	<0.01	30.6	27	0.7	0.1	0.02	yes	
Cucumber Sorbet	no	no	no	no	no	no	no	no	no	no	no	no	no	no	514	121	0.2	0.17	0.02	<0.01	29.6	25.5	<0.5	0.1	0.02	yes	
Pineapple Sorbet	no	no	no	no	no	no	no	no	no	no	no	no	no	no	529	125	0.1	0.08	<0.01	0.01	30.8	26.7	<0.5	0.1	0.02	yes	
Strawberry Sorbet	no	no	no	no	no	no	no	no	no	no	no	no	no	no	544	128	0.1	0.01	0.01	0.01	32	26.9	<0.5	<0.1	0.02	yes	